



# Keys to Discovering and Communicating Your Musical Artistry

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What do you want to learn in this masterclass? \_\_\_\_\_  
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\_\_\_\_\_

## The Four Modes of Expression

Element	Mode of Expression	Possible Qualities of Expression
<b>Earth</b> Right Relating	<b>Tone/Intonation</b> (Endurance & Range)	groundedness, reliability, stability, fullness, resonance, strength, power, relaxation, warmth, purity, richness, colorfulness, openness, centeredness, stamina, dependability, expansiveness
<b>Water</b> Right Feeling	<b>Phrasing/ Musicality</b> (Breathing & Dynamics)	emotionality, flexibility, sensitivity, depth, passion, expressiveness, fluidity, risk-taking, character, receptivity, originality, sentimentality
<b>Air</b> Right Thinking	<b>Articulation/Style</b> (Space & Listening)	accuracy, cleanliness, clarity, spontaneity, refinement, versatility, adaptability, subtleness, changeability, diversification, delicateness
<b>Fire</b> Right Willing/Action	<b>Technique/Timing</b> (Rhythm & Pulse)	precision, meticulousness, consistency, efficiency, vitality, competence, economical, control, refinement, proficiency, coordination, ease

## Your Favorite Performers

Performer #1: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Performer #2: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Performer #3: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## Emulation Practice

Element	Mode of Expression	Source of Inspiration	Qualities of Expression	Practice Material	Imagery
Earth 	Tone/Intonation (Endurance & Range) <b>Right Relating</b>				
Water 	Phrasing/ Musicality (Breathing & Dynamics) <b>Right Feeling</b>				
Air 	Articulation/Style (Space & Listening) <b>Right Thinking</b>				
Fire 	Technique/Timing (Rhythm & Pulse) <b>Right Willing/ Action</b>				

# Building as Aesthetic Language



## Air Element

1 —————— 10

The ability to play/sing with lightness, subtleness, refinement, and adaptability.



## Water Element

1 —————— 10

The ability to play/sing with emotion, longing, passion, and depth.



## Fire Element

1 —————— 10

The ability to play/sing with intensity, excitability, boldness, and aggression.



## Earth Element

1 —————— 10

The ability to play/sing with power, leadership, breadth, and stateliness.

## Dynamics

Loud

1 —————— 10

Soft

## Range

High

1 —————— 10

Low

## Tempo

Fast

1 —————— 10

Slow

## Earth Element

grief, empowerment, expansiveness, heaviness, roundedness, fullness, warmth, openness, solemnness, seriousness, dignified, anguish, stability, mournfulness, somber, melancholy, nobility, strength, sustaining, richness, gloriousness, grandeur, restraint, majesty, centeredness

## Water Element

tranquility, affectionate, tenderness, desire, ease, flowingness, enthusiasm, gentleness, receptivity, joyfulness, vulnerability, sensuality, fluidity, sweetness, playfulness, sensitivity, character, calmness, originality, relaxation, emotionality, expressiveness, sentimentality, soothing, heartfelt, cheerfulness

## Air Element

delicateness, stillness, whimsicalness, vitality, nimbleness, clarity, cleanliness, versatility, precision, changeability, mysteriousness, gracefulness, refinement, meticulousness, control, sacredness, ethereal, spiritual, enigmatic, peacefulness, serenity

## Fire Element

spirited, agitation, directness, freneticism, pointedness, heroic, flamboyancy, harshness, fiery, unrestrained, inspirational, restlessness, directness, fierceness, ruggedness, anger, daringness, decisiveness, vigorousness, determination, impatience, brilliance, exuberance, adventurous

**Musical Artistry:** \_\_\_\_\_  
\_\_\_\_\_

## The Importance of Knowing Your Musical Artistry

**Reason #1:** \_\_\_\_\_

**Reason #2:** \_\_\_\_\_

**Reason #3:** \_\_\_\_\_

**Reason #4:** \_\_\_\_\_

**Reason #5:** \_\_\_\_\_

### Definitions:

**Aesthetic Perception**—the ability to perceive a larger feeling of wholeness within the interactions between self and other/environment through recognizing both the external and internal aesthetic qualities pertaining to what is being experienced.

**Embodied Awareness**—“...or embodiment refers to a body-centered intelligence that informs how one knows and experiences the world. This is in contrast to a Cartesian view, where knowledge is primarily of the mind” (Kossak, 2015, p. 37).

**Felt Audiation**—the capacity to kinesthetically feel and auditorily hear oneself produce qualities of musical expression in space.

**Mirror Neuron**—is a neuron that fires both when you act and when you observe the same action performed by another. Thus, the neuron "mirrors" the behavior of the other, as though the observer were itself acting.

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